

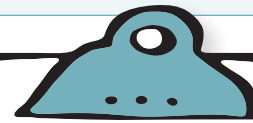


Name: _____

Ready—action! Today you and an adult family member are screenplay writers and actors. The scene is about a student who needs to ask a teacher assertively for help understanding an assignment. Remember, being assertive helps you communicate what you need or want in a way that is respectful toward others.

Together, write the lines the student and teacher will say to each other. Then decide who will be the student and who will be the teacher, and act it out. Use the list of Assertiveness Skills below. Switch roles, and try it again!

The scene: A student needs help understanding a writing assignment.



Assertiveness Skills

- Face the person you're talking to.
- Keep your head up and shoulders back.
- Use a calm, firm voice.
- Use respectful words.

Student: _____

Teacher: _____

This homework assignment was completed on _____ | _____
(DATE) (ADULT SIGNATURE)