

# AT-HOME ACTIVITIES FOR 3 YEAR OLD PRESCHOOL

## EARLY LITERACY / UNPLUGGED

**Books Books Books:** Read to your child and have them “read” or make up a story for you. Have them use their bodies and/or draw pictures to “illustrate” the story.

King County Library System offers some great resources for audiobooks and books online

“What We Do All Day”: This website is rich with activities and ideas for all ages. There are book lists/recommendations (for every possible age and scenario), as well as games, activities, etc for kids of all ages). The menu across the top of the webpage makes it easy to navigate by age or activity.

## SMALL MOTOR / CRAFTS AND ACTIVITIES

Easy Homemade Crafts for Toddlers

Easy Home Science Experiments for Kids

Toddler Crafts using stuff around the house

Free Coloring Pages

## GROSS MOTOR / MOVEMENT

35 Gross Motor Activities for Preschoolers

Indoor Exercise for kids

Spring Activities, Gross Motor Activities for Busy Kids, and Scavenger Hunts

## OTHER IDEAS

### Stay Inside

1. Building small motor skills through: coloring, pasting, scissor work, etc
2. Baking / Cooking
3. Dance party
4. Build a fort
5. Shaving cream “finger paint”. Spray a bit on the kitchen table / bathtub wall and draw shapes / letters / faces
6. In the sink or bathtub, gather items from around your home and see what sinks and what floats.
7. Start the day off right! Set up an “invitation to play” for your child after they go to bed. When they wake up the next morning, an activity is ready to go! Blocks, games, drawing, legos, play dough, etc.

### Go Outside

1. Go on a nature walk / build a mobile: <http://madebyjoel.com/2010/08/nature-mobile.html>
2. Nature walk bingo: <http://momgineer.blogspot.com/2011/08/nature-bingo.html>
3. Leafs, pinecones, twigs etc: Collecting treasures from outside can be used for tracing, painting, gluing, rubbings, collages, etc.
4. Cloud-peeping
5. Go rock hunting! Gather and arrange rocks for a rock garden.
6. Go on a walk-about on your street. Count squirrels, dogs, yellow cars, etc.
7. Start a garden: Use empty milk-cartons, yogurt/butter tubs to plant seeds. Track the progress!

