



What Is My Child Learning?
 Your child is learning and practicing two Skills for Learning: focusing attention and listening.

Why Is It Important?
 Focusing attention and listening help children be better learners.

Ask your child: How do focusing your attention and listening help you be a better learner at school?

Read Together

Using Skills for Learning helps you be a better learner. You've been learning to focus your attention and listen. Focusing your attention and listening show respect.

This week, you practiced focusing your attention by using your eyes to watch, your ears to listen, and your brain to concentrate. When you've focused your attention, you're ready to listen and learn.

Practice Together: Focus and Listen

- Together, choose a room in your house where you will hear a lot of different sounds, from both inside and outside.
- Prepare to focus your attention and listen to the sounds in the environment for one minute. Begin!
- When the minute is up, fold this paper in half and take turns writing down all the sounds you heard and remembered, in the boxes below.
- Compare your lists. Are many of the sounds the same or different?
- Discuss what helped you focus your attention, listen, and remember what you heard.

Child	Adult

(CHILD'S NAME)	(DATE)	(ADULT'S SIGNATURE)